



Continance & Pelvic Floor Rehabilitation

M 0403 429 990

E admin@corecarephysio.com

W corecarephysio.com

Established for over 25 years, caring for women, men and children's pelvic health. Available at 3 convenient locations.

Parkway San Clinic  
208/172 Fox Valley Road  
Wahroonga NSW 2076

Shop B046A LG Level  
Chatswood Chase  
Shopping Centre,  
345 Victoria Avenue  
Chatswood NSW 2067

43 Langdon Road  
Winston Hills NSW 2153

Date \_\_\_\_\_

New Pad Required

Dear Physiotherapist,

Please assess and treat (Patient's Name) \_\_\_\_\_

Who has a diagnosis of:

Stress Incontinence

Weakened Pelvic Floor

Prostate Related Leakage

Urge Incontinence

Prolapse

Prostatectomy Pre-op

Frequency/ Urgency

Post Natal Check

Pelvic Pain

Nocturia

Faecal Incontinence

Pelvic Floor Spasm/ Vaginismus

Nocturnal Enuresis

Chronic Constipation

Pelvic Girdle Pain

Voiding Dysfunction

Defaecation Disorder

Rectus Abdominis Separation

General Physiotherapy

Ultrasound Mastitis

Childhood Incontinence

Notes/ Findings/ Comments

Referring Medical Practitioner \_\_\_\_\_